

3 ° TRAIL TERRAS DE ALMAGRA - ALMAGREIRA

Classificação Oficial da Prova

Clas	Dor.	Nome	Equipa	Categoria	(Clas) Intermédio	Tempo	Diferença
1	81	Daniel Antunes	SicóTrilhos	Seniores A	(1)	34:14.6	1h20:49.7
2	77	Rui Fresco	SHARISH GIN / GD PIRANHAS DO A	Veteranos A	(1)	34:07.3	1h21:10.9 21.2
3	45	Tiago Alves	Bttralhos Bike Team	Seniores A	(2)	34:25.7	1h23:29.6 2:39.9
4	27	Bruno Antunes	Vilaventura Trail	Seniores A	(3)	35:18.0	1h25:47.7 4:58.0
5	15	Hernâni Gonçalves Ferreira	Vilaventura Trail	Seniores A	(4)	35:56.3	1h26:49.1 5:59.4
6	38	Carlos Silva	Runcrosstrail	Seniores A	(5)	35:37.9	1h28:37.8 7:48.1
7	6	Nuno Laím	Trail da Ladeia Running Team	Seniores B	(1)	37:43.8	1h29:57.8 9:08.1
8	17	Luis Filipe Gil	--	Seniores A	(6)	37:21.5	1h30:35.4 9:45.7
9	39	Sebastião Görne	Flashover BVPenela	Seniores A	(7)	37:22.5	1h31:08.1 10:18.4
10	75	Henrique Fernandes	SCPombal/TrailTeam	Seniores B	(2)	39:56.1	1h32:32.6 11:42.9
11	53	Aquilino Dias Ferreira	Gaspar & Costa	Veteranos B	(1)	38:29.8	1h32:39.3 11:49.6
12	37	Ricardo Nunes	Grupo Alegre Unido Bajouca	Seniores A	(8)	37:40.6	1h34:21.8 13:32.1
13	24	Hélder Freire	Individual	Seniores B	(3)	38:33.6	1h34:52.5 14:02.8
14	10	José Goncalves	Grupo Alegre Unido Bajouca	Veteranos A	(2)	37:49.8	1h35:24.4 14:34.7
15	32	Norberto	Malamens	Seniores B	(4)	40:05.4	1h36:11.8 15:22.1
16	48	Vitor Silva	Cerveira Team Running	Veteranos A	(3)	40:27.1	1h38:47.0 17:57.3
17	80	Diogo Filipe Da Silva Fonseca	--	Seniores A	(9)	40:30.4	1h38:48.8 17:59.1
18	83	Henrique Carvalheiro	ACRM Silveirinha Grande Claras	Seniores B	(5)	41:07.2	1h39:38.5 18:48.8
18	56	Karen Duarte Mendes	Academia de Desportos de Conde	Seniores A FEM	(1)	40:13.2	1h39:38.5 18:48.8
20	22	Renato Martins	--	Seniores B	(6)	41:55.6	1h40:39.5 19:49.8
21	64	Dany Grilo	Grupo Alegre Unido Bajouca	Seniores A	(10)	41:06.8	1h41:29.5 20:39.8
22	67	Filipe Lourenço	Runcrosstrail	Veteranos A	(4)	40:50.5	1h42:40.6 21:50.9
23	16	David Marques	Reis Cima Team	Seniores B	(7)	41:16.5	1h43:05.6 22:15.9
24	61	Gabriel Mendes	Trail da Ladeia Running Team	Juniores	(1)	39:18.0	1h45:07.1 24:17.4
25	25	Silvio Moreira	Individual	Seniores B	(8)	40:31.6	1h45:42.1 24:52.4
26	72	Marisa Silva	--	Seniores A FEM	(2)	43:55.4	1h45:48.2 24:58.5
27	42	José Cordeiro Vintém	Trail da Ladeia Running Team	Veteranos A	(5)	41:11.2	1h45:50.2 25:00.5
28	63	Fernando Miguel Dias Santos	--	Seniores B	(9)	43:26.9	1h46:24.8 25:35.1
29	31	Carlos Matias	Trail da Ladeia Running Team	Seniores B	(10)	44:03.8	1h48:20.6 27:30.9
30	1	João Dâmaso	Pedrosa Vending	Seniores A	(11)	43:22.4	1h49:17.9 28:28.2
31	88	Carlos Diogo Ribeiro Mendes	--	Seniores A	(12)	46:35.6	1h50:37.2 29:47.5
32	65	Henrique Lavaredas	Centro cultural desportivo e r	Veteranos A	(6)	43:53.8	1h51:18.7 30:29.0
33	5	José Maçarria	Maresia Bar Fig Foz	Veteranos B	(2)	44:54.7	1h51:39.0 30:49.3
34	28	Fernando Neves	--	Veteranos A	(7)	44:49.5	1h51:57.2 31:07.5
35	43	Nuno Filipe João Martins	TRAIL DA AMIZADE RUNNERS	Seniores A	(13)	46:10.3	1h51:57.9 31:08.2
36	21	Mickael Freire	Grupo Alegre Unido Bajouca	Seniores A	(14)	44:08.5	1h52:29.5 31:39.8
37	87	Gina Domingues	SCPombal/TrailTeam	Seniores B FEM	(1)	47:10.5	1h52:58.9 32:09.2
38	71	João Dinis Graça Fernandes	Bora lá Vizinho	Seniores B	(11)	45:04.7	1h53:02.4 32:12.7
39	33	Manuel	Malamens	Veteranos A	(8)	47:58.2	1h55:16.9 34:27.2
40	90	Ana Vieira	O Praticante	Seniores B FEM	(2)	46:55.8	1h55:41.7 34:52.0
41	18	Joel Ferreira Costa	--	Seniores B	(12)	44:15.9	1h56:28.0 35:38.3
42	84	Helder Filipe Domingues Goncal	Gaspar & Costa	Seniores B	(13)	45:11.5	1h57:02.0 36:12.3
43	26	Jose Marques	Chicharo run team a alvaizere	Veteranos B	(3)	47:26.7	1h57:05.4 36:15.7
44	89	Nuno Simões	O Praticante	Veteranos A	(9)	48:00.6	2h01:04.0 40:14.3
45	12	Sabine Ferreira	Trail da Ladeia Running Team	Seniores B FEM	(3)	48:42.9	2h01:13.0 40:23.3
46	46	Pedro Clemente Serra	--	MSub23	(1)	49:59.5	2h03:19.6 42:29.9
47	2	Patrícia Gomes	Trilho do Castelejo	Seniores A FEM	(3)	48:06.3	2h03:22.3 42:32.6
48	86	Ilidio Leal Santos	Lama Solta	Veteranos B	(4)	46:03.5	2h04:19.3 43:29.6
49	62	Sérgio Fernandes	Lama Solta	Veteranos A	(10)	49:01.7	2h04:37.2 43:47.5
50	11	Nilton Caetano	Lama Solta	Seniores B	(14)	47:03.4	2h06:52.2 46:02.5
51	91	Luis Simões	O Praticante	Veteranos A	(11)	49:38.1	2h07:32.4 46:42.7

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Clas	Dor.	Nome	Equipa	Categoria	(Clas)	Intermédio	Tempo	Diferença
52	79	Nicolas Santos	--	Seniores A	(15)	49:23.0	2h08:12.1	47:22.4
53	68	Adilio Miguel Carreira Dos San	--	Seniores A	(16)	50:03.0	2h09:05.5	48:15.8
54	40	Daniel Fragoso	--	Seniores B	(15)	49:29.7	2h09:39.2	48:49.5
55	19	Teresa Ventura	CLAC Entroncamento	Seniores B FEM	(4)	52:45.0	2h09:50.1	49:00.4
56	60	José Carlos	Trail da Ladeia Running Team	Seniores A	(17)	46:00.0	2h11:40.1	50:50.4
57	44	Márcio Martins	--	Seniores B	(16)	52:48.3	2h11:50.6	51:00.9
58	82	Antonio Miguel Ferreira Das Ne	ToCarla	Seniores B	(17)	52:28.8	2h12:20.5	51:30.8
59	4	Norberto Abreu	Barbichas do lis	Seniores B	(18)	50:01.1	2h15:52.5	55:02.8
60	92	Tânia Mendes	O Praticante	Seniores A FEM	(4)	56:05.6	2h16:22.2	55:32.5
61	85	Marco Gabriel Da Mota Pascoal	Vilaventura Trail	Seniores B	(19)	55:34.5	2h16:23.8	55:34.1
62	9	Anabela Fernandes	Grupo Alegre Unido Bajouca	Veteranos A FEM	(1)	54:25.4	2h19:29.7	58:40.0
63	13	Natália Gomes	Waffelaria DULisses	Veteranos A FEM	(2)	55:54.3	2h21:09.2	1h00:19.5
64	57	Rui Gomes	Waffelaria DULisses	Veteranos A	(12)	57:43.4	2h21:10.4	1h00:20.7
65	69	Natália Mota	--	Seniores B FEM	(5)	56:26.3	2h21:43.5	1h00:53.8
66	59	Carla Maria Almeida Marques	--	Seniores B FEM	(6)	56:19.2	2h23:16.8	1h02:27.1
67	78	Luis Gonçalves	CLAC Entroncamento	Seniores B	(20)	53:43.1	2h25:24.2	1h04:34.5
68	74	Edgar Gomes	Soure Mov	Seniores B	(21)	57:15.4	2h25:27.6	1h04:37.9
69	73	Gabriela Carraco	Soure Mov	Seniores B FEM	(7)	57:15.0	2h25:27.8	1h04:38.1
70	23	Paula Marques	Individual	Seniores B FEM	(8)	56:51.1	2h27:45.7	1h06:56.0
71	55	Ana Dos Santos Couceiro	ARCD Venda da Luísa	Seniores B FEM	(9)	56:44.0	2h29:57.9	1h09:08.2
72	41	Ana Rita Gaspar	--	Veteranos A FEM	(3)	1h04:43.3	2h34:21.3	1h13:31.6
73	36	Sandra Ponte	Academia de Desportos de Conde	Veteranos A FEM	(4)	59:25.7	2h34:21.7	1h13:32.0
74	58	Raquel Maria Pereira Pinto Oli	Individual	Veteranos A FEM	(5)	1h00:36.6	2h37:04.7	1h16:15.0
75	50	Arlindo De Jesus Oliveira	Devagar Devagarinho...	Veteranos A	(13)	1h01:29.0	2h38:10.6	1h17:20.9
76	7	Raquel Matias	Escola atletismo de Coimbra	Seniores B FEM	(10)	1h01:20.0	2h38:11.1	1h17:21.4
77	20	Monica Ventura	CLAC Entroncamento	Seniores B FEM	(11)	1h02:14.0	2h39:11.0	1h18:21.3
78	34	Elisabete	Malamens	Seniores A FEM	(5)	1h01:11.8	2h42:45.5	1h21:55.8
79	35	Gilvania	Malamens	Seniores B FEM	(12)	1h01:14.5	2h42:46.3	1h21:56.6
80	54	Catarina Isabel Neto Santos	Gaspar & Costa	Seniores B FEM	(13)	1h00:41.4	2h43:09.2	1h22:19.5

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Cronometragens de Eventos Desportivos

(2011-2024) 13 de anos de Cronometragens